**INTRAVENOUS CONSCIOUS SEDATION**

**What is Sleep Dentistry / Conscious sedation?**

Sleep Dentistry/Conscious Sedation is a type of anesthesia used in dental offices. Sleep Dentistry/Conscious Sedation is a safe and modern technique of anesthesia/sedation using intravenous medications. Patients are placed in a relaxed, comfortable state allowing dental care to be provided without fear or anxiety. There is little if any memory of the procedure.

**Who provides Sleep Dentistry/Conscious Sedation in your dentist's office?**

Sleep Dentistry/Conscious Sedation is provided by a trained anesthesiologist who monitors you throughout the procedure. Medical monitoring equipment is similar to the type used in hospitals. A close, continuous watch is kept on patient's vital signs such as heart rate, breathing, blood pressure, oxygen saturation, etc. Special care and continuous monitoring of patients under anesthesia/sedation enhances patients’ safety, especially for those patients who have special medical conditions.

**Are patients able to respond during treatment with Conscious Sedation?**

Yes. Unlike general anesthesia which renders patients unconscious, Sleep Dentistry/Conscious Sedation allows patients to respond to their dentist's directions. This enables completion of treatment in a very short amount of time.

**Can children with dental needs have Sleep Dentistry/Conscious Sedation?**

Yes, children usually have no recall of the procedure. Usually children over 3 years old are good candidates for this procedure. Conscious Sedation lessens the child's awareness of the dental procedure. A sedative (premed) may be prescribed for your child to take one hour before the dental procedure under Conscious Sedation. A happier child maintains a more positive attitude about future dental care.

**How do I prepare for IV Conscious Sedation?**

If you have been scheduled for a dental procedure using intravenous conscious sedation, please follow the following instructions. Do NOT have anything to eat or drink eight hours before your appointment. Continue to take prescribed medications unless previously instructed otherwise by the doctor performing your procedure. Bring a responsible person with you to drive you home after the procedure. Your driver must be in the clinic waiting area before your sedation can be started.

**What can I expect from IV Conscious Sedation?**

When you arrive at the clinic, your blood pressure will be taken and a pulse oximeter will measure your heart rate and oxygen saturation of the blood through a small plastic clamp placed on your finger. You may also be given some oxygen to breathe through your nose from a small tube. An intravenous line will be started in your arm which will drip a solution of saline and dextrose into your vein. Through this line, medications will be added which cause drowsiness and pain relief. You will be able to respond but will be very drowsy and relaxed, and you will probably not remember any of the procedure afterward.

**How long will I be under Sedation?**

The length of your appointment will depend upon the procedure being done. There will also be a recovery period of 15 to 20 minutes after the procedure is finished. You will then be discharged to be escorted by your driver. You must not or operate any machinery until the day after your intravenous sedation.

**CONSENT FOR INTRAVENOUS (IV) SEDATION**

We require a R500 non refundable deposit for the IV Sedation Appointment. Failure to cancel the appointment within 36 hour (3days) or failure to attend the appointment will result in the loss of your deposit. If you attend the appointment the deposit will be deducted from your bill.

I hereby consent to have IV Sedation and I understand that a R500 non refundable deposit is required.

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Signature (Parent / Guardian) Date